

Benyon Primary School – Long Term Plans 2022-23 PE – GAMES

| Year Group | Autumn 1st half | Autumn 2nd half | Spring 1st half | Spring 2nd half | Summer 1st half | Summer 2nd half |
|-------------------|--|--|--|--|--|--|
| Foundation | Bean Bags Unit 1 | Medium sized balls. Unit 2 | Hoops & Quoits Unit 3 | Ropes, bats and small balls Unit 4 | Athletics/Summer Games | Outdoor & Adventurous Activities Val Sabin Sow. |
| Year 1 | Large ball skills and games Unit 1 | Throwing & catching. Aiming games Unit 2 | Bat and ball skills. Skipping games Unit 3 | Developing partner work Unit 4 | Athletics using Val Sabin Sow. Unit 1 & 2 | Outdoor & Adventurous Activities Val Sabin Sow. |
| Year 2 | Throwing & catching. Inventing individual games Unit 1 | Making up games with a partner. Aiming & Hitting. Unit 2 | Dribbling, kicking and hitting Unit 3 | Group games and inventing rules. Unit 4 | Athletics using Val Sabin Sow. Unit 1 & 2 | Outdoor & Adventurous Activities Val Sabin Sow. |
| Year 3 | Ball skills. Passing & receiving. Unit 1 | Creative gamesmaking Unit 2 | Net & Wall games. Unit 3 | Striking & fielding Unit 4 | Athletics using Val Sabin Sow. Unit 1 & 2 | Outdoor & Adventurous Activities Val Sabin Sow. |
| Year 4 | Invasion games Unit 3 | Problem solving and inventing games (Invasion). Unit 2 | Net/wall games Unit 1 | Striking /Fielding games Unit 4 | Athletics using Val Sabin Sow. Unit 1 & 2 | Outdoor & Adventurous Activities Val Sabin Sow. |
| Year 5 | Invasion & target (ball handling games) Unit 2 | Invasion games. (implement and kicking) Unit 3 | Net/wall games Unit 1 | Striking /Fielding games Unit 4 | Athletics using Val Sabin Sow. Unit 1 & 2 | Outdoor & Adventurous Activities Val Sabin Sow. |
| Year 6 | Invasion games Unit 4 | Invasion games (implement & kicking) Unit 1 | Net/Wall Unit 2 | Striking / Fielding games Unit 3 | Athletics using Val Sabin Sow. Unit 1 & 2 | Outdoor & Adventurous Activities Val Sabin Sow. |

All units are from the Val Sabin Sow (Scheme of work).

