

**Dear Parent / Carer**

Great news! Your child has been offered the opportunity to take part in a **Free** Bikeability cycle training course.

Bikeability train riders to make independent decisions and practice safe and responsible cycling, through:

- Making good and frequent observations.
- Choosing and maintaining the most suitable riding positions.
- Communicating intentions clearly to others.
- Understanding priorities when negotiating shared space.

The course will start on the following date:

To be confirmed

We need your consent for your child to participate in Bikeability cycle training. Please complete the following form and return it as soon as possible to your school. Failure to complete this form will unfortunately result in your child being unable to take part in Bikeability cycle training.

**What is Bikeability?**

Bikeability is the government's national cycle training programme. It helps you learn practical skills and understanding of how to cycle on today's roads. Bikeability gives everyone the confidence to cycle and enjoy this skill for life.

Find out more: [www.bikeability.org.uk](http://www.bikeability.org.uk) Please note that it is your responsibility to ensure that your child is able to take their cycle to and from school safely.

All of the training will take place on the playground and at the end of the course you and your child will receive information indicating how they have progressed and in particular, highlighting areas that require further guidance.

Yours sincerely,

Julie Cooper  
Road Safety Lead

[thurrock.gov.uk](http://thurrock.gov.uk) t +44 (0)1375 652574

## Consent Form for National Standards Bikeability Training

Pupils will need to bring a roadworthy bike and a helmet that fits securely.

A roadworthy bike has:

- Inflated tyres, as hard as an apple
- Two working brakes
- A well-oiled chain
- A saddle and handlebars which are fixed on tight

.For my child to take part in Bikeability, I confirm the following:

	Tick to confirm
My child can ride a bicycle unaided and I understand that cycle training will be refused if they cannot ride competently.	
My child is medically fit to take part in Bikeability.	
My child will bring a roadworthy bike and I understand that cycle training will be refused if their bike is not suitable.	
My child will bring a helmet that fits securely.	
My child will have weather appropriate clothing.	
My child is responsible for their own behaviour, and I understand that cycle training may be refused if my child's behaviour puts them at risk to themselves or others.	
I have read all of the information and consent to Bikeability cycle training for my child	

Pupils Name:	
School:	
School Year:	
Are there any medical/ educational needs we need to be aware of, including allergy to hand sanitiser? Please detail any SEND	
Signed (Parent/carer) Date	

**I am happy for photographs or videos to be taken of my child during Bikeability cycle training.** These images may be used by the school, training provider or Bikeability Trust to promote the programme.

Yes

No

Delivery of this cycle training is subsidised by The Bikeability Trust. To support the equal delivery and monitoring of cycle training across England, the Bikeability Trust is required to collect information about rider characteristics. This data will enable the Trust to demonstrate the need for additional funding and target interventions to ensure every child can receive Bikeability cycle training.

Please complete the following fields.

**Gender**

- Male  Female  Others  Prefer not to say

**Ethnicity**

- |   |  |
|---|--|
| <input type="checkbox"/> Asian - Bangladeshi                          | <input type="checkbox"/> Asian - Chinese         |
| <input type="checkbox"/> Asian - Indian                               | <input type="checkbox"/> Asian - Pakistani       |
| <input type="checkbox"/> Asian - Any other Asian background           | <input type="checkbox"/> Black - Black African   |
| <input type="checkbox"/> Black - Black Caribbean background           | <input type="checkbox"/> Black - Any other Black |
| <input type="checkbox"/> Mixed - White and Asian African              | <input type="checkbox"/> Mixed - White and Black |
| <input type="checkbox"/> Mixed - White and Black Caribbean background | <input type="checkbox"/> Mixed - Any other Mixed |
| <input type="checkbox"/> White - Gypsy/Roma                           | <input type="checkbox"/> White - Irish           |
| <input type="checkbox"/> White - Traveller of Irish Heritage          | <input type="checkbox"/> White - White British   |
| <input type="checkbox"/> White - Any other White background           | <input type="checkbox"/> Any other ethnic group  |
| <input type="checkbox"/> Any other ethnic group - Arab                | <input type="checkbox"/> Prefer not to say       |

**Special Education Needs and Disability**

- Yes  No  Prefer not to say

**Pupil Premium Eligible**

- Yes  No  Prefer not to say